

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Happy Birthday Haile A 1:00 June Terrace Talks DR 5:00 Mints & Music (FTRA) 2 7:00 FTRA Council Meeting 5	2 10:00 Stretch & Tone w/ Mary 2 6:00 Bingo (FTRA) GR	3 Happy Birthday Gloria G 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2	4 Happy Birthday Thomas L  10:00 Chair Yoga (FTRA) 5 4:00 4th Of July Cookout DR 6:00 Bingo (FTRA) GR 8:00 4th Of July Fireworks OS	5 2:00 Catholic Mass 3 3:30 Shabbat Gathering 5	6 Happy Birthday Wayne S 10:00 Chair yoga (FTRA) 5 6:30 Movie Curated By Ella Kelly 5	
	7 8:15 Catholic Communion 2 12:00 Brunch DR 1:00 Music Concert w/ Erik 2 2:00 Worship Service 5 4:30 Movie Curated By Eda 5	8 5:00 Mints & Music (FTRA) 2	9 10:00 Stretch & Tone w/ Mary 2 2:30 Current Events (FTRA) LI	10 11:00 Prayer Service 3 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2 7:00 Loss Support Group (FTRA) LI	11 10:00 Chair Yoga (FTRA) 5 12:00 Movie n Chill 5	12 Happy Birthday Sharon M 1:00 Music Concert 2 2:00 Bingo w/ Cindy GR	13 10:00 Chair yoga (FTRA) 5 6:30 Movie Curated By Ella Kelly 5
14 Happy Birthday Pamela T 8:15 Catholic Communion 2 12:00 Brunch DR 4:30 Movie Curated By Eda & Martha 5	15 12:00 Quick Trivia 2 5:00 Mints & Music (FTRA) 2	16 Happy Birthday Victoria Y 10:00 Stretch & Tone w/ Mary 5 12:00 Movie n Chill 5	17 Happy Birthday Joseph C 11:00 Coffee Chat 5 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2	18 Happy Birthday Cecylia, Shirley, Lynn & Tanya 10:00 Chair Yoga (FTRA) 5 2:00 Episcopal Eucharist 3	19 Happy Birthday Keith M 11:30 Walk & Chat OS 2:00 Bingo w/ Cindy GR	20 10:00 Chair Yoga (FTRA) 5 6:30 Movie Curated By Ella Kelly 5	
21 Happy Birthday Rita P 8:15 Catholic Communion 2 12:00 Brunch DR 4:30 Movie Curated By Eda & Martha 5	22 Happy Birthday Joanmarie M 1:00 Ice cream Social 2 5:00 Mints & Music (FTRA) 2	23 10:00 Stretch & Tone w/ Mary 5 2:30 Current Events (FTRA) LI	24 Happy Birthday Risa N 1:00 Book Buzz (FTRA) 4 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2 7:00 Loss Support Group (FTRA) LI	25 12:00 Quick Trivia 2 10:00 Chair Yoga (FTRA) 5	26 11:30 Walk & Chat OS 1:00 Terrace Talks DR	27 Happy Birthday Seyedjalal G 10:00 Chair Yoga (FTRA) 5 1:00 Seabury Book Club 5 6:30 Movie Curated By Ella Kelly 5	
28 8:15 Catholic Communion 2 12:00 Brunch DR 4:30 Movie Curated By Eda & Martha 5	29 12:00 Quick Trivia 2 5:00 Mints & Music (FTRA) 2	30 Happy Birthday Maxine F & Janet P 10:00 Stretch & Tone w/ Mary 5 12:00 Movie n Chill 5	31 Happy Birthday Rak C & Eda V 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2	LEGEND  Seabury at Friendship Terrace <i>Senior Living</i>			FL– Front Lobby, 2nd Floor DR–Dining Room, 2nd Floor LI– Library, 3rd Floor OS- Outside 2nd-Floor Lounge 4th-Floor Lounge 6th–Roof Top Deck

BP– Beauty Parlor, 1st Floor
 GR–Game Room, 1st Floor
 WC–Wellness Center, 1st Floor
 3rd–Floor Lounge
 5th–Floor Lounge
 HC–House Calls

Activity Color keycode: AD– Green, RSC– Blue, FTRA– Black, FT– Burgundy

