

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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JUNE



						1 10:00 Chair yoga (FTRA) 5 6:30 Movie Curated By Ella Kelly 5
2 Happy Birthday Josephine C 8:15 Catholic Communion 2 12:00 Brunch DR 2:00 Worship Service 5 3:00 Movie Curated By Eda 5	3 Happy Birthday Douglas O 12:00 Quick Trivia 2 5:00 Mints & Music (FTRA) 2 7:00 FTRA Council Meeting 5	4 10:00 Stretch & Tone w/ Mary 2 2:30 Current Events (FTRA) LI 6:00 Bingo (FTRA) GR	5 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2	6 10:00 Chair Yoga (FTRA) 5 6:00 Bingo (FTRA) GR	7 11:30 Walk & Chat OS 2:00 Catholic Mass 3 3:30 Shabbat Gathering 5	8 10:00 Chair yoga (FTRA) 5 6:30 Movie Curated By Ella Kelly 5
9 8:15 Catholic Communion 2 12:00 Brunch DR 1:00 Music Concert w/ Erik 2 3:00 Movie Curated By Eda & Martha 5	10 12:00 Quick Trivia 2 5:00 Mints & Music (FTRA) 2 7:00 FTRA General Meeting 5	11 10:00 Stretch & Tone w/ Mary 5 6:00 Bingo (FTRA) GR	12 11:00 Baptist Service 3 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2 7:00 Loss Support Group (FTRA) LI	13 Happy Birthday Earl B & Sharon S 10:00 Chair Yoga (FTRA) 5 2:00 Episcopal Eucharist 3 6:00 Bingo (FTRA) GR	14 Happy Birthday James T 11:30 Walk & Chat OS 2:00 Bingo w/ Cindy GR 	15 Happy Birthday Janet H 10:00 Chair Yoga (FTRA) 5 6:30 Movie Curated By Ella Kelly 5
16 Happy Birthday Reesa S 8:15 Catholic Communion 2 12:00 Father's Day Brunch DR 3:00 Movie Curated By Eda & Martha 5 	17 11:00 Coffee Chat 5 2:00 Ice cream w Dads 2 5:00 Mints & Music (FTRA) 2	18 10:00 Stretch & Tone w/ Mary 5 2:30 Current Events (FTRA) LI 6:00 Bingo (FTRA) GR	19  11:00 Smithsonian Trip FL 12:30 Juneteenth Movie N Chill 5 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2	20 10:00 Chair Yoga (FTRA) 5 6:00 Bingo (FTRA) GR 	21 Happy Birthday Gary J 11:30 Walk & Chat OS 2:00 Bingo w/ Cindy GR	22 10:00 Chair Yoga (FTRA) 5 1:00 Seabury Book Club 5 6:30 Movie Curated By Ella Kelly 5
23 8:15 Catholic Communion 2 12:00 Brunch DR 3:00 Movie Curated By Eda & Martha 5	24 12:00 Quick Trivia 2 5:00 Mints & Music (FTRA) 2	25 10:00 Stretch & Tone w/ Mary 5 6:00 Bingo (FTRA) GR	26 1:00 Book Buzz (FTRA) 4 2:00 Scrabble Club (FTRA) GR 5:00 Mints & Music (FTRA) 2	27 10:00 Chair Yoga (FTRA) 5 1:00 Pride Party! DR 6:00 Bingo (FTRA) GR	28 11:30 Walk & Chat OS 1:00 Terrace Talks DR	29 10:00 Chair Yoga (FTRA) 5 6:30 Movie Curated By Ella Kelly 5
30 8:15 Catholic Communion 2 12:00 Brunch DR 3:00 Movie Curated By Eda & Martha 5	<div style="text-align: center;">  </div>					

LEGEND

Seabury  at Friendship Terrace Senior Living

- FL- Front Lobby, 2nd Floor
- DR- Dining Room, 2nd Floor
- LI- Library, 3rd Floor
- OS- Outside
- 2nd-Floor Lounge
- 4th-Floor Lounge
- 6th-Roof Top Deck
- Activity Color keycode: AD- Green, RSC- Blue, FTRA- Black, FT- Burgundy
- BP- Beauty Parlor, 1st Floor
- GR- Game Room, 1st Floor
- WC- Wellness Center, 1st Floor
- 3rd-Floor Lounge
- 5th-Floor Lounge
- HC- House Calls