

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:15 Catholic Communion 2 12:00 Brunch DR 2:00 Worship Service 5 4:30 Sunday Movie 5 (FTRA)	2 Happy Birthday Josephine C 12:00 Quick Trivia 2 1:30 Reminiscences 4 (FTRA) 5:30 Mints & Music 2 (FTRA)	3 Happy Birthday Douglas O 10:00 Stretch & Tone 5 w/ Mary 1:30 Sip n Paint (FTRA) 2 6:30 Bingo (FTRA) DR	4 Happy Birthday Edward H 2:30 Scrabble Club 4 5:30 Mints & Music 2 7:00 Loss Support Group LI	5 10:00 Chair Yoga (FTRA) 5 6:30 Bingo (FTRA) DR	6 2:00 Catholic Mass 3 3:30 Shabbat Gathering 3	7 12:00 Brunch DR 6:30 Movie Night 5 (FTRA)
8 8:15 Catholic Communion 2 12:00 Brunch DR 4:30 Sunday Movie 5 (FTRA)	9 12:00 Quick Trivia 2 2:00 Jigsaw Puzzle 4 (FTRA) 5:30 Mints & Music 2 (FTRA)	10 10:00 Stretch & Tone 5 w/ Mary 6:30 Bingo (FTRA) DR	11 11:00 Prayer Service 2 2:30 Scrabble Club 4 2:30 Current Events (FTRA) LI 5:30 Mints & Music 2	12 10:00 Chair Yoga (FTRA) 5 11:30 Chaplaincy Service LI 6:30 Bingo (FTRA) DR	13 Happy Birthday Earl B & Sharon S 11:30 Walk n Chat OS	14 12:00 Brunch DR 6:30 Movie Night 5 (FTRA)
15 Happy Birthday Janet H 8:15 Catholic Communion 2 12:00 Father's Day Brunch DR 4:30 Sunday Movie 5 (FTRA) 	16 Happy Birthday Reesa S 12:00 Ice Cream 2 For Dad's 1:30 Reminiscences 4 (FTRA) 5:30 Mints & Music 2 (FTRA)	17 10:00 Stretch & Tone 5 w/ Mary 1:30 Sip n Paint (FTRA) 2 6:30 Bingo (FTRA) DR	18 11:00 Coffee Chat 5 2:00 Scrabble Club 4 (FTRA) 5:30 Mints & Music 2 7:00 Loss Support Group LI	19  12:00 Juneteenth DR Celebration 2:00 Episcopal Eucharist 3 6:30 Bingo (FTRA) DR	20  11:30 Walk n Chat OS 1:00 Bingo w Cindy DR 3:30 Shabbat Gathering 3 6:30 Wine & Cheese DR Hour (FTRA)	21 Happy Birthday Gary J & Barbra L 10:00 Chair Yoga (FTRA) 5 12:00 Brunch DR 6:30 Movie Night 5 (FTRA)
22 8:15 Catholic Communion 2 12:00 Brunch DR 4:30 Sunday Movie 5 (FTRA)	23 1:30 Jigsaw Puzzles 4 (FTRA) 5:30 Mints & Music 2 (FTRA)	24 10:00 Stretch & Tone 5 w/ Mary 6:30 Bingo (FTRA) DR	25 1:00 United Health Care 5 2:30 Scrabble Club 4 (FTRA) 2:30 Current Events (FTRA) LI 5:30 Mints & Music 2	26 10:00 Chair Yoga (FTRA) 5 11:30 Chaplaincy Service LI 1:30 Pride Party DR 6:30 Bingo (FTRA) DR	27 11:30 Walk n Chat OS 1:00 Terrace Talks DR	28 10:00 Chair Yoga (FTRA) 5 12:00 Brunch DR 1:00 Seabury Book Club 5 6:30 Movie Night 5 (FTRA)
29 Happy Birthday Heather B & Lora S 8:15 Catholic Communion 2 12:00 Brunch DR 4:30 Sunday Movie 5 (FTRA)	30 12:00 Quick Trivia 2 1:30 Reminiscences 4 (FTRA) 5:30 Mints & Music 2 (FTRA)	LEGEND FL– Front Lobby, 2nd Floor DR–Dining Room, 2nd Floor LI– Library, 3rd Floor OS- Outside 2nd-Floor Lounge 4th–Game Room 6th–Roof Top Deck Activity Color keycode: AD– Green, RSC– Blue, FTRA– Black, FT– Burgundy  Seabury at Friendship Terrace Senior Living BP– Beauty Parlor, 1st Floor ER–Exercise Room, 1st Floor WC–Wellness Center, 1st Floor 3rd–Floor Lounge 5th–Floor Lounge 				