

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 11:30 Balance Group 5 12:00 Quick Trivia 2 1:30 Reminiscences 4 5:30 Mints & Music 2 (FTRA) 7:30 FTRA Council Meeting 5	<b>2 Happy Birthday Josephine C</b> 10:00 Stretch & Tone w/ Mary 5 11:00 Oral Health Presentation 5 1:30 Sip n Paint (FTRA) 2 6:30 Bingo (FTRA) 5	<b>3 Happy Birthday Douglas O</b> 5:30 Mints & Music 2 6:30 Trivial Pursuit 2 7:00 Loss Support Group LI	<b>4 Happy Birthday Edward H</b> 10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 6:30 Bingo (FTRA) 5	<b>5</b> 11:30 Balance Group 5 2:00 Catholic Mass 3 3:30 Shabbat Gathering 3	<b>6</b> 10:00 Chair Yoga (FTRA) 5 6:00 Movie Night (FTRA) 5 <b>No Brunch on Saturday</b>
	<b>7</b> 8:15 Catholic Communion & Worship Service 2 12:00 Brunch DR 6:00 Sunday Movie (FTRA) 5	<b>8</b> 11:30 Balance Group 5 12:00 Quick Trivia 2 1:00 Chaplaincy 1:1 LI 5:30 Mints & Music 2 (FTRA) 7:30 FTRA General Meeting 5	<b>9</b> 10:00 Stretch & Tone w/ Mary 5 11:00 Accent-Care Presentation 2 2:30 Current Events LI 6:30 Bingo (FTRA) 5	<b>10</b> 11:00 Prayer Service 2 5:30 Mints & Music 2 6:30 Trivial Pursuit 2	<b>11</b> 10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 6:30 Bingo (FTRA) 5	<b>12</b> 11:30 Balance Group 5 1:00 Bingo w/ Cindy DR 6:00 Movie Night (FTRA) 5
<b>14</b> 8:15 Catholic Communion 2 12:00 Brunch DR 6:00 Sunday Movie (FTRA) 5	<b>15 Happy Birthday Janet H</b> 11:30 Balance Group 5 12:00 Quick Trivia 2 1:30 Reminiscences 4 5:30 Mints & Music 2 (FTRA)	<b>16 Happy Birthday Reesa S</b> 10:00 Stretch & Tone w/ Mary 5 1:30 Sip n Paint (FTRA) 2 2:30 Current Events LI 6:30 Bingo (FTRA) 5	<b>17</b> 11:30 Coffee Chat Juneteenth Celebration 2 1:00 Book Buzz 4 5:30 Mints & Music 2 6:30 Trivial Pursuit 2 7:00 Loss Support Group LI	<b>18</b> 10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 2:00 Episcopal Eucharist 3 6:30 Bingo 5	<b>19</b> 11:30 Balance Group 5 6:00 Wine & Cheese Hour (FTRA) 4 	<b>20</b> 10:00 Chair Yoga (FTRA) 5 6:00 Movie Night (FTRA) 5 <b>No Brunch on Saturday</b>
<b>21 Happy Birthday Gary J &amp; Barbara L</b> 8:15 Catholic Communion 2 12:00 Father's Day Brunch DR 1:00 Father's Day Concert 2 6:00 Sunday Movie (FTRA) 5 	<b>22</b> 11:30 Balance Group 5 1:00 Dads & Coffee Social W/ Jeffrey 2 5:30 Mints & Music 2 (FTRA)	<b>23 Happy Birthday Oghbamaical H</b> 10:00 Stretch & Tone w/ Mary 5 2:30 Current Events LI 6:30 Bingo (FTRA) 5	<b>24</b> 5:30 Mints & Music 2 6:30 Trivial Pursuit 2	<b>25</b> 10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 12:30 Pride Disco Party DR 6:30 Bingo (FTRA) 5 	<b>26</b> 11:30 Balance Group 5 1:00 Terrace Talk DR 1:30 Club Memory 2 w/Sharon & Regine 3:30 Shabbat Gathering 3	<b>27 Happy Birthday Tiruwork G</b> 10:00 Chair Yoga (FTRA) 5 1:30 Seabury Book Club 5 6:00 Movie Night (FTRA) 5 <b>No Brunch on Saturday</b>
<b>28</b> 8:15 Catholic Communion 2 12:00 Brunch DR 1:00 Flobone Music Concert w/ Jared & Victoria 2 6:00 Sunday Movie (FTRA) 5	<b>29</b> 11:30 Balance Group 5 12:00 Quick Trivia 2 5:30 Mints & Music 2 (FTRA)	<b>30</b> 10:00 Stretch & Tone w/ Mary 5 6:30 Bingo (FTRA) 5	<b>LEGEND</b> Seabury  at Friendship Terrace Senior Living FL- Front Lobby, 2nd Floor DR- Dining Room, 2nd Floor LI- Library, 3rd Floor OS- Outside 2nd-Floor Lounge 4th-Game Room 6th-Roof Top Deck Activity Color keycode: AD- Green, RSC- Blue, FTRA- Black, FT- Burgundy			