

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 8:15 Catholic Communion 2 8:15 Worship Service 5 12:00 Brunch DR 5:30 Sunday Movie (FTRA) 5	2 Happy Birthday Robert F 11:30 Balance Group 5 12:00 Quick Trivia 2 1:30 Reminiscences 4 5:30 Mints & Music (FTRA) 2 7:30 FTRA Council Meeting 5	3 Happy Birthday Mariella S 10:00 Stretch & Tone w/ Mary 5 1:30 Sip n Paint (FTRA) 2 6:30 Bingo (FTRA) 4	4 5:30 Mints & Music 2 6:30 Trivial Pursuit 2	5 10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 6:30 Bingo (FTRA) 4	6 11:30 Balance Group 5 2:00 Catholic Mass 3	7 10:00 Chair Yoga (FTRA) 5 6:30 Movie Night (FTRA) 5 No Brunch on Saturday	
8 8:15 Catholic Communion 2 12:00 Brunch DR 5:30 Sunday Movie (FTRA) 5 	9 Happy Birthday Muhammad A & Lisa D 11:30 Balance Group 5 12:05 Quick Trivia 2 12:30 Chaplaincy Service LI 5:30 Mints & Music (FTRA) 2 7:30 FTRA General Meeting 5	10 10:00 Stretch & Tone w/ Mary 5 2:30 Current Events LI 6:30 Bingo (FTRA) 4	11 11:00 Prayer Service 2 5:30 Mints & Music 2 6:30 Trivial Pursuit 2 7:00 Loss Support Group LI	12 10:00 Chair Yoga (FTRA) 5 11:00 Balance Group 5 6:30 Bingo (FTRA) 4	13 Happy Birthday Robert G & Fannie J 11:00 Balance Group 5 12:00 Bingo w Cindy DR 3:30 Shabbat Gathering 3	14 Happy Birthday Mary B 10:00 Chair Yoga (FTRA) 5 1:00 Music Concert w/ Erik 2 6:30 Movie Night (FTRA) 5 No Brunch on Saturday	
15 Happy Birthday Randy H 8:15 Catholic Communion 2 12:00 Brunch DR 5:30 Sunday Movie (FTRA) 5	16 11:30 Balance Group 5 12:00 Quick Trivia DR 1:30 Reminiscences 4 5:30 Mints & Music (FTRA) 2	17 Happy Birthday Ella K 10:00 Stretch & Tone w/ Mary 5 1:00 St Patty's Social DR 1:30 Sip n Paint (FTRA) 2 6:30 Bingo (FTRA) 4 	18 Happy Birthday Johnny R 11:00 Coffee Chat 2 1:00 Book Buzz 4 5:30 Mints & Music 2 6:30 Trivial Pursuit 2	19 10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 2:00 Episcopal Eucharist 3 6:30 Bingo 4	20 11:30 Balance Group 5 12:00 Spring Social 2 6:00 Wine & Cheese Hour (FTRA) 4 	21 10:00 Chair Yoga (FTRA) 5 6:30 Movie Night (FTRA) 5 No Brunch on Saturday	
22 8:15 Catholic Communion 2 12:00 Brunch DR 5:30 Sunday Movie (FTRA) 5	23 11:30 Balance Group 5 12:00 Quick Trivia 2 5:30 Mints & Music (FTRA) 2	24 10:00 Stretch & Tone w/ Mary 5 2:30 Current Events LI 6:30 Bingo (FTRA) DR	25 5:30 Mints & Music 2 6:30 Trivial Pursuit 2 7:00 Loss Support Group LI	26 10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 6:30 Bingo (FTRA) 4	27 11:30 Balance Group 5 1:00 Terrace Talk DR 3:30 Shabbat Gathering 3	28 Happy Birthday Marie C 10:00 Chair Yoga (FTRA) 5 1:30 Seabury Book Club 5 6:30 Movie Night (FTRA) 5 No Brunch on Saturday	
29 8:15 Catholic Communion 2 12:00 Brunch DR 5:30 Sunday Movie (FTRA) 5	30 11:30 Balance Group 5 12:00 Quick Trivia 2 5:30 Mints & Music (FTRA) 2	31 10:00 Stretch & Tone w/ Mary 5 11:00 Waltz Tech Team 5 2:30 Current Events LI 6:30 Bingo (FTRA) DR	LEGEND Seabury  at Friendship Terrace Senior Living FL- Front Lobby, 2nd Floor DR- Dining Room, 2nd Floor LI- Library, 3rd Floor OS- Outside 2nd-Floor Lounge 4th-Game Room 6th-Roof Top Deck Activity Color keycode: AD- Green, RSC- Blue, FTRA- Black, FT- Burgundy				