







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LEGEND</p> <p>Seabury at Friendship Terrace Senior Living</p> <p>FL- Front Lobby, 2nd Floor DR- Dining Room, 2nd Floor LI- Library, 3rd Floor OS- Outside 2nd-Floor Lounge 4th-Game Room 6th-Roof Top Deck Activity Color keycode: AD- Green, RSC- Blue, FTRA- Black, FT- Burgundy</p> <p>BP- Beauty Parlor, 1st Floor ER-Exercise Room, 1st Floor WC-Wellness Center, 1st Floor 3rd-Floor Lounge 5th-Floor Lounge</p>		 		<p>1</p> <p>11:30 Balance Group 5 2:00 Quick Trivia w/GDS 2 2:00 Catholic Mass 3</p>	<p>2</p> <p>Happy Birthday Rebecca M</p> <p>10:00 Chair Yoga (FTRA) 5 6:00 Movie Night (FTRA) 5 No Brunch on Saturday</p>	
<p>3</p> <p>Happy Birthday Danny F</p> <p>8:15 Catholic Communion & Worship Service 2 12:00 Brunch DR 6:00 Sunday Movie (FTRA) 5</p>	<p>4</p> <p>Happy Birthday Karla J</p> <p>11:30 Balance Group 5 12:00 Quick Trivia 2 1:30 Reminiscences 4 5:30 Mints & Music (FTRA) 2 7:30 FTRA Council Meeting Candidates Night 5</p>	<p>5</p> <p>Happy Birthday Micael A</p> <p>10:00 Stretch & Tone w/ Mary 5 12:00 Cinco De Mayo Social 2 1:30 Sip n Paint (FTRA) 2 6:30 Bingo (FTRA) 5</p> 	<p>6</p> <p>11:00 Art History Lecture 5 12:00 Ice Cream & Convo w/ Mayoral Candidate DR 5:30 Mints & Music 2 6:30 Trivial Pursuit 2 7:00 Loss Support Group LI</p>	<p>7</p> <p>10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 6:30 Bingo (FTRA) 5</p>	<p>8</p> <p>Happy Birthday Clarence M</p> <p>11:30 Balance Group 5 1:00 Bingo w/ Cindy DR 3:30 Shabbat Gathering 3</p>	<p>9</p> <p>10:00 Chair Yoga (FTRA) 5 1:30 Seabury Book Club 5 6:00 Movie Night (FTRA) 5 No Brunch on Saturday</p>
<p>10</p> <p>8:15 Catholic Communion 2 12:00 Mother's Day Brunch DR 2:00 Mother's Day Concert w/ Brian Shaw & Friends 2 6:00 Sunday Movie (FTRA) 5</p> 	<p>11</p> <p>11:30 Balance Group 5 12:00 Mother's Day Tea Party DR 5:30 Mints & Music (FTRA) 2</p> 	<p>12</p> <p>10:00 Stretch & Tone w/ Mary 5 2:30 Current Events LI 6:30 Bingo (FTRA) 5</p>	<p>13</p> <p>11:00 Prayer Service 2 11:30 Life Insurance Presentation 2 1:00 Book Buzz 4 5:30 Mints & Music 2 6:30 Trivial Pursuit 2</p>	<p>14</p> <p>10:00 Chair Yoga (FTRA) 5 11:00 RSC Fundraiser 2 11:30 Balance Group 5 6:30 Bingo 5</p>	<p>15</p> <p>Happy Birthday Sarah Y</p> <p>11:30 Balance Group 5 6:00 Wine & Cheese Hour (FTRA) 4</p>	<p>16</p> <p>Happy Birthday Lillian W</p> <p>10:00 Chair Yoga (FTRA) 5 6:00 Movie Night (FTRA) 5 No Brunch on Saturday</p>
<p>17</p> <p>Happy Birthday James T & Gary W</p> <p>8:15 Catholic Communion 2 12:00 Brunch DR 6:00 Sunday Movie (FTRA) 5</p>	<p>18</p> <p>Happy Birthday Stillman</p> <p>11:30 Balance Group 5 12:00 Quick Trivia 2 1:30 Reminiscences 4 5:30 Mints & Music (FTRA) 2</p>	<p>19</p> <p>Happy Birthday Brenda N</p> <p>10:00 Stretch & Tone w/ Mary 5 1:30 Sip n Paint (FTRA) 2 6:30 Bingo (FTRA) 5</p>	<p>20</p> <p>11:00 Coffee Chat 2 5:30 Mints & Music 2 6:30 Trivial Pursuit 2 7:00 Loss Support Group LI</p>	<p>21</p> <p>Happy Birthday Hiwot G</p> <p>10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 2:00 Episcopal Eucharist 3 6:30 Bingo (FTRA) 5</p>	<p>22</p> <p>Happy Birthday Gail L</p> <p>11:30 Balance Group 5 1:30 Club Memory w/Sharon & Regine 2</p>	<p>23</p> <p>Happy Birthday Tzehai B</p> <p>10:00 Chair Yoga (FTRA) 5 6:00 Movie Night (FTRA) 5 No Brunch on Saturday</p>
<p>24/31</p> <p>8:15 Catholic Communion 2 12:00 Brunch DR 6:00 Sunday Movie (FTRA) 5</p>	<p>25</p> <p>Happy Birthday Heather M-B</p> <p>11:30 Balance Group 5 12:00 Memorial Day Cookout OS 5:30 Mints & Music (FTRA) 2</p> 	<p>26</p> <p>10:00 Stretch & Tone w/ Mary 5 2:30 Current Events LI 6:30 Bingo (FTRA) 5</p>	<p>27</p> <p>5:30 Mints & Music 2 6:30 Trivial Pursuit 2</p>	<p>28</p> <p>10:00 Chair Yoga (FTRA) 5 11:30 Balance Group 5 6:30 Bingo (FTRA) 5</p>	<p>29</p> <p>11:30 Balance Group 5 1:00 Terrace Talk DR</p>	<p>30</p> <p>10:00 Chair Yoga (FTRA) 5 6:00 Movie Night (FTRA) 5 No Brunch on Saturday</p>